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TEACHERS' HAPPY DAY

‘Being a teacher is the highest privilege; having one is the greatest blessing.’

Karuna Subbiah | 5th Sept 2019

On the occasion of Teachers' Day 2019, the teaching faculty of Bhavans Vivekananda College held a celebratory function on the joyful event.

Air Commodore J.L.N. Sastry, Vice Chairman, BVC Sainikpuri Kendra, Principal, Prof. Y. Ashok and Ms.B.Niraimathi, Vice Principal were the dignitaries on the occasion. To showcase the diversity of the teaching faculty of BVC, teachers who belonged to different states came together in their traditional attire.

Air commodore Sastry addressed the teachers by expressing his views on the importance and role of a teacher in an individual's life. Prof.Y.Ashok also shared his experiences as a lecturer and as the Principal of Bhavans Vivekananda Degree College and appreciated the efforts of all the faculty members in making Bhavans a suc-



cessful learning institution. The teachers shared their experiences in the field of education where Vice-Principal Ms.B.Niraimathi shared her experience from the day she started joined college.

Ms. Vinaya Chaturvedi shared a beautiful poem related to teaching and nurturing. Ms.

Kalpna sang a beautiful song to congratulate the college faculty on completion of 25 years.

On behalf of the college, Prof.Y.Ashok presented a token of gratitude to Air Commodore J.L.N Sastry for being there throughout its

journey. Principal Y. Ashok and Vice-Principal, Ms. B Neraimathi were also facilitated for their effective administrative efforts. Ms.Madhumita Bhattacharjee and Dr.K. Sreelatha were gifted with a symbol of recognition for completing their 25 years of teaching in the college.

Ms.Parveen Khan, Ms.Anju, Ms.P.V Ajitha and Mr.G.Mahesh Kumar were also presented with a memento for successfully completing 15years of teaching in the college. The dignitaries congratulated the teachers for publishing their books in their respective fields. As the celebration came to an end, all the teachers were presented with a gift as an appreciation for their efforts.



Read Ahead! >>

Celebrating 150 years of Gandhi

Gandhiji's freedom struggle culminated in India's Independence on 15th August, 1947. Mahatma Gandhi strived to lead the country to not just political independence, but to a better India and a society free of caste, religious, economic and even gender prejudices. The occasion of 150th birth anniversary celebrations of Gandhi gave an opportunity to remind the hu-

manity of the efficacy of his messages. In view of Gandhi's 150th birth-anniversary, the college organized many activities and roleplays based on Gandhi's life journey. The programme was attended by the students, teachers and staff members of the institution.

Read more on page ---7

Orange Week Awareness on increasing violence against women.

Violence against women is the most widespread, persistent and devastating human rights violation in the world. It remains largely unreported due to the impunity, silence, stigma and shame surrounding it. To raise awareness of the same, the world observes the *International Day for the Elimination of Violence Against Women*. The color *Orange* stands against the gender based violence and

thus the college celebrated *Orange Week* in order to raise awareness about the violence and atrocities faced by women in the society. Various events like Mime, Flashmob, Group song, Speech and Ribbon sale were conducted by the students.

Read more on Page ---7

Abhyas Talentina

Are you aware of the importance of playing outdoor games? It does not matter whether you play them alone or with a group. The importance of playing outdoor games is massive, making it a necessary part of your life. Outdoor games teach us different types of skills which help us throughout our life and tell us how to handle different types of situations. It enhances our decision making

skills and helps us build confidence.

Abhyas Club organized many exciting activities for students to engage in. The 'Abhyas Talentina' was a series of events which tested the students' talents ranging in a multitude of activities.

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Khelega India Toh Badhega India

Saniya Anwar | 7th Sept 2019

“The pain you feel today will be the strength you feel tomorrow” was the very feeling that was experienced by our herculean sportspersons of Osmania University. The college organised the Osmania University Intercollegiate Sports Tournament on 6th and 7th September, 2019.

The events were Soft Ball - men and women, Volleyball - men, and Lawn Tennis-women. The opening ceremony

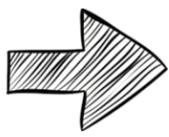
was graced by our Vice Chairman Air Commodore J.L.N. Sastry and Principal Prof. Y. Ashok. The entire event was administered by our Physical Director Dr. G. Kondal Reddy. Various colleges affiliated to Osmania University; Loyola, Little



flower, St. Francis, Nizam, Badruka, Andhra Mahila college, and many more took part in the tournament. A total number of 450 students had participated in four different events.

Loyola secured 1st place in Volleyball with 2-0. Bhavans procured 1st position in Soft Ball with a score of 13-6 and 1st position in Lawn Tennis - women.





First aid Response

Varsha .C | 21st Sep, 2019



On 21st September 2019, the college has organised a session on 'First Aid Response' for the students of NSS, NCC and Bharat Scouts and Guides. The session was delivered by Mr. Sanjay Mucharla, an alumnus of college. He explained students about different emergency situations and how to

deal with those situations. Students took active participation in the first aid coaching. He also explained about G1 app and how to use the app at the time of emergency. He demonstrated his skills on 'necessary to provide emergency first aid.' The event was quite insightful.

PERSONALITY DEVELOPMENT

N.Anusha | 27th Sep, 2019

A guest lecture was conducted for the students of BA on 27th September 2019. The topic for this special lecture was "Personality Development" which was delivered by Ms. Aliza Virani, psychologist, mentor, Suchitra Academy. She spoke about the individual's mindset, exchange of thoughts, ideas, feelings and emotions. She also

spoke about how communication plays an important role in daily life and also spoke on transactional analysis, Aspects of ego states and types of transactions. The guest lecture received a good response from the students. The students had a good interactive session with the mentor.

Physics and Electronics students visits ARCI

Anisha Mishra | 02nd Oct, 2019

A group of 35 students of B.Sc. Physics and Electronics accompanied by two faculty members Mrs. M. Prasanna and Mrs. V.R. Manjula visited various labs of ARCI, Hyderabad on 20/12/2019. They were taken around to various labs such as CMCT, CNM and CLPM by a group of scientists where they explained them the current research in fields such as Nano materials, use of different Lasers used for specific purpose such as welding

and drilling and materials characterization. Students got the opportunity to see the working of scientific Instruments such as X-Ray diffractometers, TEM, SEM Lasers etc. They

were shown the Super Capacitors, Li ion batteries, Anti bacterial garments and high strength ceramics applications made in various Centers of ARCI.



How to Start a 'Startup' ?

Chirag Kapoor | 18th Sep, 2019

The Bhavans ED cell conducted a seminar for third year students on the topic - 'How to start a Start-up' under the Entrepreneur Development Program (EDP) at 2:30 pm in room no. 208 (seminar hall) on 18th September 2019. Mr. Thirimal Rao, faculty, Commerce coordinated the event. Mr. Abhishek Reddy, CEO, Capital Wizards, was the speaker for the day. Capital Wizards helps start ups raise capital for business and entrepreneurship via Venture Capital angels and High Network individuals (HNI).

The students learnt a lot about start ups and the process that occurs in the background. They were exposed to the reality be-



hind the (as quoted by the speaker) 'Wikipedia garbage'. The students were educated about the real work that needs to be put in business and entrepreneurship. **Some points that were touched upon were:**

1. Pre requisites for entrepreneurship
2. Mindset required for business
3. Why should I go into business?

STRENGTHENING THE TEACHING

Saniya Anwar | 23rd Nov, 2019

The Department of Biochemistry, Bhavans Vivekananda Degree college, conducted a two day workshop on 22nd and 23rd November 2019. The topic was "Hands on training on Bioanalytical techniques and Bioinformatics". The workshop was organized for the under graduate lecturers. It was scheduled for two days. Day one started with the inaugural ceremony, where chief guest, Air Commodore J.L.N Sastry, and other dignitaries were present. The coordinators for the same were

Dr. K.Anuradha, DBT Star College Scheme and Dr. A.Sai Padma, Head, Dept. of Biochemistry. This outreach program for Degree college lecturers was organized under DBT star college scheme by the Dept. of Biotechnology, Government of India to support colleges and universities (offering undergraduate education) to improve science teaching across the country. Large number of faculty from private and government degree colleges have attended from the program. The participants were

provided with hands-on training during the workshop on the following experiments:

- Separation of proteins by SDS PAGE
- Separation of proteins by Gel - filtration chromatography
- Restriction digestion and agarose gel electrophoresis
- Bioinformatics
- ELISA – Enzyme Linked Immunosorbent Assay

The day two included the experiments as well and ended with the valedictory and received a good feedback from the participants.



Citizenship Amendment Act

Sanjana Menon | 19th Dec, 2019

The Citizenship Amendment Bill was passed in the Parliament on 11th December 2019. It grants citizenship to Hindu, Buddhist, Sikh, Jain, Parsi and Christian migrants from Afghanistan, Bangladesh and Pakistan who entered India before 31st December 2014. The act has extended to widespread criticism, on the ground of 'Discrimination on the basis of Religion'. The amendment excludes Muslim community and the criticism concerns that the bill would be used along with the National Registration of Citizens (NRC) to marginalize Muslims. NRC is an official record of legal

Indian citizens which includes demographic information about the individuals. To qualify into this list, individuals have to produce ancestry documents within the cut-off date decided by the Government to prove their citizenship. NRC is limited to Assam wherein, CAB is nationwide. Apparently, the act willfully ignores Rohingyas from Myanmar, Tamils from Sri Lanka, Ahmadiyyas from Pakistan, Uighurs from China etc. The law exempts Arunachal Pradesh, Mizoram and Nagaland, and also the tribal area of Assam, Meghalaya, Mizoram and Tripura.

MICRO PRESENTATION

Karuna Subbiah | 04th Dec, 2019

On 4th December 2019, the VOICE club of the Commerce Department, conducted the event 'Micro Presentation' for the first-year students of B.com and M.com in the Library block, room no: N22. The topic of the event was 'My Favorite YouTuber', which made the event further engrossing for the students. It was a team event of two members each in which 19 teams had registered. The lecturers in-charge were Mr Aditya, Mr Khalim and Mr Guruprasad. The students presented their PowerPoint presentations which covered

the story and area of content creation of their favourite YouTuber, sources of their revenue and SWOT (Strength, Weakness, Opportunities and Threats) analysis for which the time limit was 3 minutes. The judges for the day were Ms.Swati and Mr Shiva Thrishul. The students were judged on their interpersonal skills, analytical skills and their ability to communicate in a concise manner. The students actively participated in the event by giving their presentations in a concise and creative manner.



Babai Bullet

Bhavana Paspuleti | 9th Sep, 2019



The Department of Mass Communication conducted a panel discussion for the students of BA. The production team of the short film – BABAI BULLET were invited for the discussion. The movie was screened for the audience which paved way to discuss

topics such as movie budgeting, production, cinematography and screenplay. It was a great opportunity for all the students to clear their doubts about how a short film can also be made on low budget or no budget at all where the director of the short film gave few suggestions

on how it is made. It was a very helpful interaction session so far as short films, web series are trending currently. Knowing about how they are made and what goes within to make it work is the main trick to reach people and show our art. One among the production team, Bob Christo said "if your content is strong on the paper, eventually your film will do great on screen". It was an insightful discussion for all the students in listening to their stories and experiences

The director of the short film-Harshavardhan, Co-Director-Mrutyunjay, Actors- Nimesh, Neha, Bob Christo.

Make India Litter Free

Arun Kumar | 30th Sep, 2019

On 30th of September 2019 EVS faculty has organized a session on "Plogging", the new fitness trend, for the students. The session was addressed by Mr. Ripu Daman Bevli. He explained the students about the Ploggers of India movement and Relay-Run to make India litter free and on various concepts which are health, exer-

cise, cleanliness, swaach bharat, gender bias and prohibition of plastic in our surroundings. He also discussed about how fitness is important in our daily life. He is a marathoner, entrepreneur, traveller and blogger. He Plogged at the recently concluded Tata Mumbai Marathon which is 48k run.



CII Young India Workshop

Tanu Chauhan | 24th Sep, 2019

The Career Guidance and Placement Cell [CGPC] conducted a career guidance lecture on 24th September 2019 in association with CII Young India on the occasion of Mahatma Gandhi's 150th birth anniversary in Biochemistry block, room no.71 at 12:30p.m. The speakers were Mr.Kalyan,

CII and Ms.Pooja, A. Maheshwari, an educator, speaker, trainer at CII, YI. The event was attended by UG students of various streams from the college. Ms. Maheshwari spoke about the leadership qualities of Mahatma Gandhi. The program ended with a vote of thanks given by the organisers.



Tickle Your Brain

Kanaka Durga Yeldutti | 13th Sep, 2019



With the beginning of a new academic year, Quiz Club organised its first Intra College event on 11th and 13th September'19, where students participated in a

team of two for the Quiz Competition. The Preliminary round was held on 11th September and the final round on 13th September'19. 78 teams participated in the

competition and 15 teams were shortlisted for the final round.

The first stage of the final round was titled 'Stakes' and the last stage of the final round was named 'Choices' where the participants picked their question out of 4 questions that were provided.

Satyansh Tomar & Raghav Kapile from BA 2nd year secured 1st place, Ramakrishna B.R and Anirudh from BSc 3rd year secured 2nd place and Ashwath Narayana with team, from B.com Regulars, 2nd year, secured 3rd position.

RABIES: Vaccinate to Eliminate

Raveena | 27th & 28th Sep, 2019

Rabies prevention starts with you! With this motto the members of the Science Club (Department of Micro Biology and Department of Chemistry) conducted a Guest Lecture on Rabies awareness on account of World Rabies Day - 28th September for all the students in Seminar Hall Room-208 on 27 September'2019 at 10:00 am. The speakers for the lecture were Mr. Ajay Nayar – CEO of Vins Biotech and Mr Sampath kumar, Director of IPM (Integrated Program in Management). Dr. K Anuradha Head, Microbiology Department and Dr. Madhumitha Bhattacharjee, Head, Department of Chemistry, felicitated the speakers.

The students of MSc Microbiology performed a skit to spread awareness on Rabies. They explained how the disease spreads. They also enacted the

symptoms of the disease (restlessness, hydrophobia, coma). The chief guests appreciated the students for their performance.

On 28th September, 2019 a rally was organized to create awareness on the spread of Rabies. September 28 is World Rabies Day, a Global Health Observance started in 2007 to raise awareness about rabies. The theme for World Rabies Day, 2019 was "Rabies: Vacci-

nate to Eliminate." The rally was organized with the help of college NCC, NSS and Bharat Scouts and Guides Units. Around 300 students from various departments participated in the rally starting from college to Neredmet and Vayupuri. The students raised slogans to create awareness and held placards which conveyed information about Rabies prevention.



"RED HAT LINUX ADMINISTRATION"

Bhavans Bytes News Service | 5th Dec, 2019

A guest Lecture was conducted for the students of M.Sc.(Computer Science) I and II year. In view of introducing the value added course to P.G. students, the Department of Computer Science organized the guest lecture on "RED HAT LINUX ADMINISTRATION" which was delivered by Mr. Rajesh Digu-marti, GLS and development instructor, RedHat, Hyderabad. He explained the following concepts to inculcate the awareness of Open Source Software:

- ★ Introduction and history of Open Source.
- ★ Advantages of Open Source Software.
- ★ Red Hat Linux training modules.
- ★ Linux certification -

depth and level of preparation required.

★ Linux projects, users and forum support to beginners.

After the guest lecture, there was a quiz conducted by Ms. Amrita Technologies on general concepts and technical aspects. The department planned to introduce a workshop on Red Hat Linux Administration for 30 Hours for P.G. students.





War of Words

Joycee Selvaraj | 17th Sep, 2019

The SOCH Club of BA Department conducted a debate competition on 17th September, 2019 at 2:30pm. Students from various departments took part in the competition. The judges for the competition were Mr.Nitin Bharadwaj and Mrs.Manali Bose. It was a pair event and the topic was 'Make in India: Will this make India a manufacturing

hub?' The competition consisted of 2 rounds. The first round was a discussion round where each group was given a topic and they had to present on it. The second round was the 'debate' round. The students were divided into 2 groups – one group supported the cause and the other opposed it. Many students participated and put forward their views very effectively.



Cauvery Calling

Kiran | 06 Sep, 2019

The NSS, NCC and Bharat Scouts & Guides units organised "Cauvery Calling" rally on 6th September to spread awareness on water conservation. The rally was taken out to alert people on water scarcity and to urge them not to waste water. A large number of student volunteers participated in the rally and raised slogans on

the importance of saving and storing water. It was a pleasant sight of students standing on either side of the road with placards, chanting slogans like 'Rally For Rivers' and 'Save Water & Save Human Lives'. The Rally routed from Neredmet cross road to AS Rao Nagar.

A New Beginning

Ankita Rathour | 16 Sep, 2019

The college organized an orientation program for the first year post graduate students including MBA, M.com and MSC. Air Commodore (Retd.) JLN Sastry, Vice Chairman, Prof. Y Ashok, Principal, K Vasudev Rao, Controller of Examinations, and Heads of various departments were present in the event. The event began with lighting of lamp by the dignitaries and followed by the Bhavan's Prayer. Prof.Y Ashok addressed the students about the structure of the college curriculum. The Vice

Chairman also addressed the students and motivated them with his kind words. The controller of examination, K Vasudev Rao briefed about the examination structure and rules. Alumni students also attended the event and shared their experiences with the freshers. The 2nd year students made them familiar with the clubs of various departments. The orientation program came to an end with some ice-breaking session.



Excelling in Excel and ICT

E Mahathi | 21st Sep, 2019



The Department of Computer Science had organised an Outreach Program for High School Teachers on the topic "Advance Excel and ICT Tools" by DBT Star scheme. All over India only few colleges got selected where Bhavans is one among them.

Government funded 1.2 crore rupees. Several high school teachers attended this program. Air Cmdre J L N Sastry, vice chairman, BVC, Ms. Niramathi, vice principal, BVC, and Ms. K V B Saraswati, Head, Department of Computer Science, were the chief guests for

this program. The chief guests delivered the introductory speech of the program. In Bjarne Stroustrup lab. Ms Jayalakshmi, Ms Padma Priya, Mr Rama Krishna, Mr Mallikarjun, Ms Anita, Ms Vagdevi explained and showed the basics of Excel and Advanced Excel to those teachers. They explained Excel screen, theory, shortcuts and made teachers to do it practically. They also explained insert, fill, format, data type, find and replace, calculations, IF statements, conditional formatting, charts and graphs etc., and

also explained thoroughly about ICT (Information and Communication technology) tools. The teachers who attended this program learned it very interestingly and some teachers became experts in it. Teachers gave good feedback about the program. Finally they presented the certificates to the teachers who attended this program. This one day workshop was very useful to the teachers who attended this program.

JCI Hyderabad Samskriti

Ankita Rathour | 04 Sep, 2019



Telangana's biggest Public Speaking Platform, "Junior Chamber International (JCI) Hyderabad Samskriti" conducted its preliminary round here at Bhavans Vivekananda Degree College on 4th September 2019.

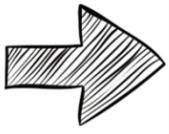
JCI started its Public Speaking Competition in 2012 with only 8-10 colleges participating. Now it offers its platform to 40 leading Colleges in the

twin cities.

The Judges for the competition were Dr.Vijayvardhan and Ms.Chandrakala. The students were given 4 topics out of which they could choose any 1 topic to speak for 2 minutes. The winner of the competition was awarded with RS.10,000 as a cash prize, runner up with RS.5000, included with six special category prizes. 6 out of 42 participants were selected

from Bhavans for the next round.

Ms.Madhuri, Teaching faculty, Department of Languages, was the Lecturer in-charge for the competition. Prof.Y. Ashok, Principal, BVC, for graced the event. Mr.Karthik, JCI president, Mr. Vijayvardhan and Ms. Chandrakala addressed the Students.



Indian Accounting Standards

Shanaz Fatima | 13th Nov, 2019

The Department of Commerce, Bhavan's Vivekananda college organized a four-day workshop on "Indian Accounting Standards (Ind AS)" commencing from 13th -16th November, 2019 in association with The Institute of Cost Accountants of India. The workshop was inaugurated by Vice-Chairman Air Cmde. (Retd.) J. L. N. Sastry as the Patron, CMA. Lavanya, Chairperson, ICAI Hyderabad Chapter as the Guest of Honour, Prof. (Retd.) K. V. Achalapathi as the chief guest, Principal Prof. Y. Ashok - Workshop Chairman and Dr. K. Sreelatha Reddy -Workshop Convener. Prof. Y. Ashok gave the welcome address at the inaugural ceremony. He appreciated the Department of Commerce for taking the initiative in organising workshops for various emerging issues. He also addressed the students stressing upon the im-



portance of upgrading their knowledge in line with the changing global compliance frameworks. Dr. Sreelatha Reddy, Head, Department of the Commerce, spoke about the changing compliance scenario and the increased role of skilled professionals because of the impact of IFRS and GAAP on companies across the world. The Coordinator, Dr. D. Sanjeeva Rao spoke about the program schedule and the objectives of the workshop. CMA Lavanya, the chairperson

for ICAI Hyderabad Chapter explained about the challenges and scope of Cost Accountants as a profession and how IFRS has the potential to streamline the world's compliance under one uniform code.

The keynote address was given by the chief guest, Prof. K. V. Achalapathi who discussed the practical application and relevance of Ind AS for global stakeholders and the role of M.Com students in spearheading this change.

INDIA'S DAUGHTER

Sindhu Meduri | 10th Dec, 2019

India has been characterised as one of the "countries with the lowest per capita rates of rape and sexual assault". India barely fares better in other studies that rank its treatment of women. It was placed 131st of 152 countries in the Georgetown Institute's global ranking of women's inclusion and well-being.

Taking the current burning issue of our country as the topic, the SOCH Club of Faculty of Arts organised a poster pres-

entation on tuesday i.e.10 December 2019 which was open to all UG programmes of the college. The participants had to make a poster on the topic 'India's daughter- ones own perception of it in today's context'. Competitors had to prepare and also present their idea behind the making of the poster to the judges -Ms.Snigda and Ms.Prachi.

Out of the 45 entries, two posters were selected as the winners.



Journey of Print Media

Harsh Matai | 19th Sep, 2019

A guest lecture was delivered by Mr. D. Nagarjuna on the topic "Journey of Print Media". Mr. Nagarjuna is a senior adviser to the Government Institute of Printing and Technology and a visiting faculty in few colleges in Hyderabad. He worked as key roles in the industry of Printing and Pub-

lishing. His expertise in Editing and Writing for media is incomensurable. He has also worked as a senior copywriter in the Parliament of India.

He talked about the journey of news travelling from its source to the readers and also gave a detailed account of daily challenges of journalists to the

students of Arts. He explained the three main stages to the development of a news story-first is the job of reporters, second are the editors, and third is the printing process. He said, 'The main challenges of a journalist include: getting rejected, the pressure of deadlines and prioritizing their schedules.

USA EDUCATION

Shanaz Fatima | 3rd Dec, 2019

The Career Guidance and Placement Cell of the college in association with the United States- Indian Education Foundation (USIEF) held a workshop and an interactive session for the students aspiring for higher education in the States on 3rd December 2019. The core theme for which was 'Your 5 steps to study in the US'

The facilitator of the workshop, Mr. Suheilmtiaz carried

out structured discussions and allowed all participants to put forth their queries. He advised the students to have prior planning and authorized research. The basic 5 steps that was brought in light were, Researching the options, financing the studies, Completing applications with required tests, applying for student visa and preparing for departure.



"Stem Cell Technology and applications"

Bhavans Bytes News Service | 27th Aug, 2019



The Department of Genetics & Biotechnology organized a guest lecture for UG students on 27th August 2019 at 11.00 am in room. 208, MBA block (1st Floor). The lecture was delivered by Dr. G. Ravi Kumar, Professor, Department of Biochemistry, School of Life Sciences, University of Hyderabad.

Dr G. Ravi Kumar holds a Ph.D in Molecular biology and biotechnology from New Delhi. He has an extensive research and teaching experience from Harvard Medical School (USA)

and NH (USA), Moffitt Cancer and Research center (USA) and RWTH Aachen (Germany).

His research is focused on understanding the developmental differences in miRNA mediated post transcriptional regulation between neonates and adults.

Dr.Ravi Gutti spoke about discovering novel targets and developing specific therapy in MicroRNA therapeutics. He clearly described that out of 88 miRNA involved in stem cell development and differentiation, 10miRNA were upregulated in

neonates Vs adults .After carrying out a series of experiments, he concluded that Let-7b is the only miRNA down regulated (10 fold) in neonatal compared to adult MK's and it inhibits wnt signaling pathway in MK's thereby reducing mitochondrial biogenesis and during this process Megakaryocyte specific vesicles could be identified .He concluded that expression of miRNA was found in Megakaryocytes which are involved in cell cycle regulation.

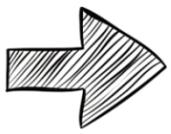
FujiFilm Workshop

Adweety Mishra | 11th Dec, 2019

A workshop on photography was conducted by the Department of Mass Communication. Mr Abhishek, BA, technical trainer and Mr Rupesh Bussa, sales manager of Fuji-film were the resource persons. The topic was 'Photography - mirrorless camera' the event was open for students of all departments it started at 12:40pm and ended at 2:00 p.m. Mr Abhishek explained about evolu-

tion of camera with the help of presentation. He spoke about the exposure triangle and how to balance ISO, shutter speed and aperture of a camera in order to to get a picture that one desire. He also briefed about features of a photo. He presented a video on 'fujifilm as innovator', where students explored the insides of fujifilm factory.





Nilami

Divyashri Iyer | 3rd Dec, 2019

The "Nilami" (Auction) was conducted in the seminar hall of MBA Block on 3rd December, 2019. A total of 17 teams participated in the event with 2 members in each team. The objective given to the teams were to bid for cities based on resources and current value of the city. Each team were given a total amount of Rs. 50 lakh. Through this event, students learned more about the fluctuations in the stock markets and financial aspects of profit and loss. At the end of the event, Aditya and Martin from BCom (Comp.), 2nd year were declared as winners. Dinisha and Aparna from BCom (Gen.), 1st year were the runners up.

Balloon Blast

Amitha Gatti | 3rd Dec, 2019

It was a game with the theme "Bubble Blast", where one balloon was tied to each participants leg. A team consisted of five members and were supposed to blast the balloon of the other team members, at the same time save their balloon. 36 teams participated with great enthusiasm..



TUG of War

Rishita Madas | 3rd Dec, 2019

"Tug of War", an informal event was conducted on 3rd Dec, 2019, coordinated by the students. It was held at Vivek Bharati, from 3:30 to 5:00 pm There was a huge participation from various departments. About 40 teams came up with high spirit and enthusiasm. The team which was led by Praveen Kumar won the competition.



Pehelikaar

Rohini | 5th Dec, 2019



This event was organized on 5th Dec, 2019 in room number 305 -306, MBA block. Judges for the event were: Mrs Madhuri (Department of English). The number of students participated was 24, divided into a group of three members each. Pehelikaar consisted of three tasks: Task 1) Puzzle Solving Task 2) Story Depiction Task 3) Story Telling Each task had to be completed within 30 minutes.



ABHYAS TALENTINA

Dheere Dheere Se

Rehan Sheikh | 4th Dec, 2019



The Abhyas club organised an event called "Dheere Dheere Se" on 4th December, 2019 in the college football ground. The event commenced at 3:30pm and it ended at 5:30pm. This event was a slow bike riding competition where the last person standing wins. A total of 95 students participated in this event. The event was a great success with good participation from the students where they enjoyed and put their bike balancing skills at test.

Ring-O-Mania

Shruti Petwal | 4th Dec, 2019

'Ring-O-Mania' was conducted on 4th December, 2019. The venue for this game was the ground in front of Vivek Bharti stage. There were 38 groups that participated and each group consisted of 5 members. In this game, one leg of each member was tied to another member forming a chain of 5 members. Five circles were formed on the ground and the groups had to cross the circles without touching the outline or stepping outside the circle, within 3 minutes. If any participant failed to finish the game in one attempt, they got two more chances to finish it. Only one group won the game and were awarded with a memento.



Talaash

Nabamita D. | 5th Dec, 2019

Talaash (Treasure Hunt) was organized on 5th December, 2019. There were around 45 teams in round 1, out of which 10 teams were selected. The game had the rule of following the hints given in chits to the participants. The participants were supposed to decode the hints. The whole event was conducted by the student volunteers from the college itself. Puneet Surana and team from the First year, MBA department were declared as winners.

AD-Selfie

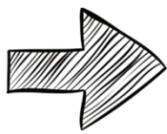
K Manish Teja | 3rd Dec, 2019

"Ad-Selfie" is one of the events in the fest. It is a semi-formal event with the team size of 3 people. The event is about marketing. Each team was asked to take a chit which had a name of a particular product. They were given 20 minutes in which they had to shoot a short promotional video of 15-30 seconds on the product within the college premises. A selfie should be taken with the group members and should be sent along with the video through social media to the event organizers.

B-PLAN

Bhavana P. | 4th Dec, 2019

B-plan is one of the competitions in Abhyas Talentina, where students could showcase and pitch their unique ideas and new ventures. They looked very motivated and very enthusiastic. There were 3 teams, each team included 2 members. After the teams were done presenting, Mr. Nitin Bharadwaj had shared few insightful tips about starting or planning a business. He said, "for setting up a new business, you need to keep monetary engagement, also look into your financial stability. Planning is easy but executing is the toughest battles you would ever face."



150th Birth Anniversary of Gandhi

Varsha chiluvoju | 1st Oct, 2019

The college organized a series of literary and cultural events in remembrance of Gandhi. The events included poster presentation, elocution competition, public talk, skit, essay writing competition and a play. The theme of the celebration is 'The Revival of the Gandhian Values- Truth and Non- Violence and the Re-iteration of His Legacy.'

The first event in the series was the poster presentation competition which was organized on Saturday, 20th July, 2019 at the Science Quadrangle. The one hour event was a remarkable visual display of posters presented by 23 enthusiastic teams comprising of 2 students each. The posters illustrated Gandhiji's education, principles, experiences, the discrimination he suffered and various other vital aspects of his life.

The next event was elocution competition conducted on Thursday, 8th August, 2019 on

the topic 'Mahatma Gandhi – The Legend of Peace', in which 20 students participated and shared their views in English, Hindi and Telugu. The eloquence and thoughts of the students were commendable.

The last among the series of events conducted was the play written and directed by Ms. Sapna Singh of II year B.Sc. (M.E.Cs) on 1st October, 2019. The journey of Gandhi was accurately scripted, avidly directed and passionately performed. Students of U. G. I, II & III years participated in the play with 12 scenes.

The one hour fifteen-minute play was staged at the Science Quadrangle at 4:00 p.m. Vice Chairman Air Commodore (Retd.) J.L.N. Sastry, Principal Prof. Y. Ashok and Vice Principal Ms. B. Niraimathi were the dignitaries who graced the occasion.



The evolution of an ordinary boy into Mahatma and the events which led to this legendary transformation were clearly depicted with conviction by the students. The birth of Gandhi, influential instances of his childhood which moulded his personality, thought provoking occurrences which led him

to tread the path of non-violence, eventual independence from the tyranny of the British rule, India-Pakistan Partition and his sad demise was vividly presented by the students.



INTERNATIONAL ORANGE DAY

Bhavans byte news service | 30 nov,2019

In order to support women in their journey, International Orange day was celebrated all over the world. It is earmarked as Orange Day because the color orange symbolizes emotional strength. Celebrations of Orange day in Bhavans Vivekananda Degree College commenced on 25th November 2019

FLASH MOB

On day 4, a dance routine was performed by Sandeep and his team at Vivek Bharti. On the penultimate day i.e on 29th Nov 2019, the students performed a group song and later the day continued with a flash mob. Also there was sale of orange colored ribbons and the proceedings were used for a



WORDS AGAINST ATROCITIES

On the first day, a speech was delivered at Vivek Bharti by Siddharth Mutalik- expressing his grief against various atrocities that women face.

MIME ACT

On the second day, a speech and mime act was performed at Bhavans Sri Rama Krishna Vidyalaya

VOICE FOR WOMEN

The third day of the orange week was celebrated at Bhavans Aurobindo Junior College. The program commenced with a speech by Chirag Kapoor, BA2, which was followed by a Mime Act presented by UG students which depicted the violence faced by women.

charitable cause.

WOMEN'S MARCH

The celebrations came to an end on 30th Nov 2019, with a skit which was presented by a team of 15 students. The theme of the skit was "Forms of violence against women". The celebrations have been shaped into a grand success by a mass rally which started from the Swami Vivekananda statue to Neredmet X road. Over 600 students from various units viz. NCC, NSS and Scouts & Guides and students from all the streams actively participated in the rally. The streets were reverberated with the slogans "Beti Padao Beti Bachhao" and "Break The Silence When You Witness Violence".

Envisioning the Vision

Hashmitha Yatala | 08 Aug,2019

A guest lecture was organized by the Department of Genetics & Biotechnology on 8th August, 2019 by Dr Joveeta Joseph, Research Scientist Grade III, LV Prasad Eye Institute, Banjara Hills, on the topic "Ocular infections – Research to prevent blindness".

She was trained as a Medical Microbiologist. After joining LVPEI, she was involved in diagnostic and research activities in the field of ocular infections. Her main area of work is to understand the Immune response and characterization of Microbiome by Next Generation Sequencing (NGS) in culture negative Endophthalmitis. She was awarded DST-SERB grant subsequently. She was also involved in another grant

"Corneal infection by Pythium insidiosum: Investigation into immune response in animal model, evaluation of antibacterial antibiotics in animal model".

She has been awarded the Dr C S Bhaskaran Gold Medal at the Indian Association of Medical Microbiologists in 2015 and the Young Scientist Award by the Telangana Academy of Sciences in 2016. Young Scientist award at VI National Conference of Society of Indian Human and Animal and Animal Mycologists in 2016, Hyd.

She is a member, Association for Research in Vision and Ophthalmology (ARVO) and Indian eye Research Group. Life Member: Indian Association of Medical Microbiologists. Life Member: International Society

of Infectious Diseases. She is also the Assistant Editor, Indian Journal of Ophthalmology.

She had authored three book chapters and nearly twenty research publications in many National and International Journals.

Dr Joveeta highlighted on the infections related to eyes specifically Endophthalmitis. She also gave an insight into the various fellowships & scholarships, career opportunities offered by the various Institutes and organizations.

She also motivated the students to pursue research. The lecture was lucid and well appreciated by students. All the students of life Sciences actively participated in the lecture.

Language - Part & Parcel of Life

Sindhu Meduri & Raaghav Kapile | 14th DEC,2019



The Languages Department of Bhavan's Vivekananda Degree College celebrated 'Languages Week' from 9th Dec – 13th Dec, 2019. The first event was the literature based quiz conducted on 9th December, in Sanskrit, Hindi, Telugu, English and French.

The idea was conceived and

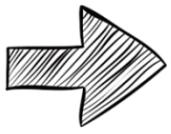
executed by a team of BBA students. 57 students participated as a team of 3. 'Rhyme Time' was conducted in English, Telugu and Hindi on 10th December. Students were asked to choose a minimum of 3 words from the 8 given to write poetry in their preferred language. 'Spellathon' was conducted in 3

rounds on 11th December. Round 1 was based on vocabulary, Round 2 was 'Spell Bee' and Round 3 was 'Pictionary'. 'Word Building' and 'Idioms and Phrases' were also conducted on 12th December.

The last event of the series was 'Making a story out of newspaper cuttings', which was conducted on 13th December.

English, Hindi and Telugu were the language options given. The celebrations wrapped up after the prize distribution ceremony organized on 14th December.

The Vice Chairman, Air Cmdre. (Retd.) JLN Sastry, was the guest for the event along with Sri. Rangi Satyanarayana.



Secularism

Opinion

Dictionary conveys the meaning of Secularism as "The principle of separation of the state from religious institutions". It also defines it as "Indifference to, or rejection or exclusion of, religion and religious considerations". But the entire principle stands in the socio-political structure with respect to religion. Religion is an inheritance which has elements based on Faith and Belief as none of us witnessed the events which claim the absolute belief. The rites and rituals are arbitrary processes which claim the eventual implications and are not only piously annexed to the respective religious institution but even are enthroned as the core content of the Belief. A set of doctrines which were framed to facilitate a social existence became an effective tool in the hands of manipulative society. Secularism couldn't stand its individual objective but finally yielded to the manipulative majesty of political minds.

It's a pity that in the country of uncountable enlightened souls like Sri Aurobindo, Swami Vivekananda we failed to enrich and strengthen the principle of secularism. The human species is subjected to multiple layers of socio-political intentions conveniently termed as religion, caste, creed or race. Where lies Secularism? Which layer it discriminates from the other? Even the most skilled cosmetic surgeon will give up.



Manali Bose,
Department of Languages

Feminism, by definition, says the advocacy of women's rights on the grounds of equality of all genders. Being Feminist in India is burdensome because they get to hear more brickbats than a person who is not a feminist. There's a notion that feminists are women, but any person who stands for equal rights of all genders is a feminist irrespective of their gender. The ambition behind the word is equality. I belong to a country where women are worshiped as goddesses, the same country where they'll be branded with labels for choosing to do what they want. From Sita to Nirbhaya only women were held accountable to answer the questions of society for something that they didn't ask for. We live in a patriarchal dominated society where hypocrisy is in our blood, where men are privileged from the birth and women start suffering from mother's

Unladylike

womb itself. Stereotypes on women are infinite. Why? Because it is easy being judgemental? Or it is easy judging women? From the childhood girls are restricted from freedom and are asked to follow the 'Copybook' of social norms of society. Patriarchal society develops a sense of superiority in men from a young age which makes them believe that they have an authority on the opposite gender. Over a decade the crime rate against women has boomed from 11% to 44% and with every passing year it is increasing with next level of brutality. 65% of men think women should tolerate violence in order to keep the family together. From education to pay gap the discrimination women face in the society is real. How can we bring change in this world when only half of its population is welcomed to participate in the affairs of state socially, politically

or economically? No! We cannot. Let us grow a spine to accept each other as humans rather than discriminating on the basis of gender because patriarchy is NOT OKAY.



Kanaka Durga Yeldutti, BA 3,
Editor, Bhavans Bytes, Vol 2,
Issue 2

ACTIVE SATURDAYS

Sindhu Meduri | 7th Sep 2019

The FusionTech club of Computer Science department came up with the idea of 'Active-Saturdays' to engage the students in physical, mental and social activities in order to rejuvenate their spirits. To deviate from the routine, the club came together with exciting events for the students to engage in. This initiative first took place on 7th September 2019, as an interactive symposium on 'BIG DATA' was organised where, Mr.P.Rama Kumar was the guest speaker. The succeeding event was held on 30th November as a part of which Cricket, Volley Ball and Football games were played by the students. The 1st and 2nd years teamed up to compete against the 3rd year students. Later that day, a group discussion was coordinated by the students on 'Recent condition of women of India' in which the students en-

thusiastically participated and put forth their views. These events were extended to the following week-end as well. 'Are security cameras invading our privacy or tracking crime?' was the subject matter for debate held on 7th December under the guidance of Ms. Divya Rekha mam. In addition to this a JAM session was held where the candidates were asked to speak on advanced technologies like Virtual reality, augmented reality, 5G and many more. Divya Rekha mam

quoted, 'The purpose of these sessions is to impart worldly knowledge among students.' The following weekend various fun activities were organised for the students which included a fun charades-inspired game – Pictionary, which was open to all years. Later the students were engaged in riddles and they were asked to crack the riddle to find the answer within. The events concluded with the selection of new heads for the club.



Design and Layout Team



Left to Right: Chandrakala K, BA1 Ankitia Rathour, BA3, Shiva Thrishul, Faculty, Shanaz Fatima BA3, Fahareen Sultana BA3, Sneha Kumari, BA3 Akshara Goud, BA1, Manish Teja, BA2, Surya Teja, BA3

Editorial Board



Mr. Shiva Thrishul, Lecturer,
Dept Of Mass Communication
Faculty Coordinator, Bhavans Bytes
'When the students are provided with required tools, they will definitely produce their best'. Bhavans Bytes is a collective output of the entire students and staff of Faculty of Arts.



Kanaka Durga Yeldutti
Editor

"None of us is as smart as all of us."



Sindhu Meduri
Sub Editor

"Experience is one thing you can't get from nothing."



Raaghav Kapile
Sub Editor

"The exposure from these kind of extra curricular activities is very mandatory for personal growth."



Hashmita Yatala
Sub Editor

"Learning and exploring leads to an experience."



Raveena Valley
Sub Editor

"Work-based learning was a great way for me to understand the work."

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Go - Goa - Gone

Divyashri | 23rd Nov, 2019



The students of faculty of Arts of Bhavans Vivekananda Degree College had the opportunity to explore and be a part of the celebration of the 50th International Film Festival, Goa. The tour was of four days and three nights. Students first visited North Goa. Accommodation, food and travel was well organized by the college. Total of 42 students of BA Department

were a part of the trip. 19th November, the first day of the tour was spent visiting the Aguada fort built by the Portuguese rulers for providing fresh water supply to the ships passing by in the Arabian Sea. The evening was spent at Baga Beach relaxing and trying new water rides such as Banana drift and Parasailing.

Students were excited

for the second day of the trip as everybody received their delegate identity card. The other half of the day was spent visiting St. Francis Xavier's Church, Old Goa. The church is a part of the Churches and Convents of Goa UNESCO World Heritage Site which holds the mortal remains of St. Francis Xavier. It was a learning experience for the students.

Finally it was time to sit back and enjoy the International Film Festival that all the students were eagerly waiting for. On 21st and 22nd of November students visited the Kala Academy and Inox Purvorium where they had the privilege to meet honorable celebrities such as Amitabh Bachchan, Rajnikanth, famous producers and directors such as Shobu Yarlagadda, Eva Cools and many more. The rest of the time was spent viewing various screenings of movies such as 'I am Woman', 'Bhuvan Shome', 'Deerskin', 'The Fa-

ther', 'Thankless Job', 'Cleo' and many more award winning movies. Evening was planned for a movie screening of a Konkani movie by the Miramar beach.

Students enjoyed watching movies in various languages, witnessing different cultures through the movies and learning about variety of

movies. The journey turned out to be a great learning experience which was filled with fun, joy and enthusiasm under the guidance of Mr. Shiva Thrishul, Dept of Mass Communication and Ms. Prachinath, Dept of Languages.



Concentration on Conscience

Raaghav Kapile | 15th Dec, 2019

"Meditation is a sort of prayer and prayer is meditation. The highest meditation is to think of nothing. If you can remain one moment without thought, great power will come." – Swami Vivekananda
Bhavans Vivekananda Degree College had arranged a one day spiritual trip to Ramakrishna Math, Himayatnagar for the students of all the departments. The students were taken in various batches on different days to avoid crowd and chaos. The BA and BBA department went on 13th December, 2019. The Students were accompanied by Mr. B. Das (faculty BA) and Ms. V. Ashwini (faculty BBA). The reporting time at the math was 9.00 am followed by a breakfast. There were a total of 3 sessions with a lunch break at 1.30 pm. The introductory

session was conducted by the Director of RK Math, Swami Bodhmayanand, on attainment of peace and self-realization. This was followed by meditation for about 15 minutes. The students were then taken on a short tour of the math accompanied by the volunteers. The second session was conducted by Mr. Narendra Gunreddy on the topic 'Soft Skills' where he explained the importance of personality development and gave few tasks to improve one's personality. Swami Bodhmayanand concluded the day by giving some tips on concentration and meditation. It was a really helpful and insightful day for the students as they gained some experience on concentration which would help them for their entire life.



Our Rural Roots

Bhavika Bhattad | 07th Sept, 2019



On 7th September, 2019, the SOCH Club, of Arts Department organised an outreach programme for their students to the interior village of Shadhnagar in Peerlaguda.

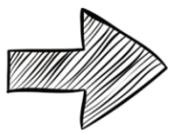
The students were accompanied by the Arts faculty, Mr. B. Das, Mr. Shiva and Dr. Seema Ghosh, to witness the "Gram Sabha" meet of the village where the Sarpanch of the village, Mr. Mohd. Mobeen, addressed the villagers and enquired upon their problems and came up with remedies to rectify them.

As a part of it, the students also conducted an outreach programme, where the children of the local school were taught how to work with camera and were awarded on their per-

formance. Also, a small skit about the importance of "Money Saving" was also performed by the students for the villagers. Overall, the trip was a grand

success which helped the students uncover a new dimension of the society.





Commerce Outreach Programme

Bhavans Bytes News Service | 3rd Dec, 2019

As part of the Commerce Department initiative, an outreach program was organized to students of ZPHS girls high school Malkajiri in which girls from 9th and 10th standard participated. The objective of the outreach program was to give detailed information about commerce education. The program highlighted the emerging trends and job opportunities in the field of commerce and allied subjects. The initiative was taken under the lecturer in-charge Mr.

Kaleem Ullah and B.Com II and III year students the college. The session was held with an introduction to the key elements on how to choose the field of commerce education after their schooling and threw light on significance of various areas in the field of commerce such as entrepreneurship, banking, audit, tax & insurance, human resources and so on. The programme was interactive and the students responded with a great deal of enthusiasm.



M.Sc final year students visit Grover Zampa Vineyard

Bhavans Bytes News Service | 8th Dec, 2019

Department of Microbiology organized four day educational field trip from 3rd December to 7th December for M.Sc final year students to Coorg, Via Bangalore and Mysore. This field trip/ visit was planned to educate the M.Sc students with practical methods of wine fermentation production at one of Premier Institute in South India. Grover Zampa Vineyards located in Bengaluru, has well established wine production plant established in 1940. It has branches located at Nashik, Maharashtra and Nandi hills.

On 4th December students visited the winery, which owns 450 acres of Grape vineyard and cultivate special variety of grapes exclusively for wine preparation. After a brief history and information about



vines and vineyard cultivation, students first visited automatic grape crushing unit, then proceeded to understand the industrial processing of filtration, fermentation and wine storage Mr.Vipin Singh had explained in detail about the sequential steps involved in wine making good reasoning.

Two types of wines i.e white and red wines are generally produced and with their

combinations in different proportions they make 32 other different types of wine and supply to 25 countries annually. Company has 185 Stainless steel Fermenters specially designed to resist heat production during anaerobic fermentation process. Barrel room facility is used to age premium brand of wine in imported oak barrel. Students had a good time in learning at the vineyard.

BA students attend Women Writers' Fest

Sanjana Menon | 14th Dec, 2019



The students of BA had attended Women Writers ; Fest, organised by She The People TV and FICCI FLO, Hyderabad on 7th December 2019. The fest has put limelight on eminent writers, bloggers, authors and editors across the country, covering all the genres.

It consisted of several panelists discussing on Food Trends, Health, Gender Nuance, Feminist Writing, Digital Entrepreneurship and Journey of women writers. The Park Hotel at Somajiguda was the venue and around 150 people attended the program which was held from 11am to 6.30pm.

Sona Chatwani, Chairperson, FICCI FLO Hyderabad and Ms. Shaili Chopra, Founder, She The People TV, prefaced the event by welcoming all the guests and attendees which was followed by the first panel discussion, talking about the rich culture of the city by Ms. Lakshmi Manchu and Elahe Hiptoola, in the panel; We are the City; moderated by Ms. Pinky Reddy. The speakers empowered and accredited the au-

dience and also acknowledged women initiating to speak out their mind. Ms. Sonia Singh, who is an eminent journalist and editorial director at NDTV, recently published her book called ;Defining India, Through Their Eyes; wherein she brings out the perspective of our country from the point of view of various influential personalities who have contributed to the progress and growth of India. She discussed the personalities embodied in her book and Ms. Shaili Chopra shared her ideas and interpretation on the Nation. From Kombucha to Keto, a delicious panel on "Food Trends 2020" with panel members Ms. Seta Anand Vaidyam, Ms. Tara Deshpande and Ms. Anupama Dalmia was moderated by Ms. Shivani Mohan.

Dr Mickey Mehta, an Indian holistic health, well-being, wellness, and fitness guru shared some important tips around health, physical and mental well being and transforming ourselves to become our best version. This was followed by a panel discussion of

women writing women characters in their books, where authors shared their writing process and what went into creating female characters for their books, including women writers Ms. Sophia Loren Benjamin, Ms. Shilpa Suraj, Ms. Kadali Sathyanarayana and Ms. Swapnil Pandey.

Popuri Lalita, popularly known by her pen name Volga, mesmerised those in attendance with her insights into how relevant the voice of women writers was to the discourse, and why we need dalit women feminist writers. She spoke about the women characters in her books with Dr. T Vijay kumar and the controversies skyrocketed on the book, ;Liberation of Sita.

The day ended with the panel of poets on, 'When Words Sing: Women's Journeys through Verse'. The speakers described how expression of feelings and ideas are given intensity through their distinctive style and rhythm of writing.

INTO THE WOODS

Bhavans Bytes News Service | 7th Sep, 2019



Barhat Scouts and Guides unit attended hiking programme held at dullapally forest accompanied by district training commissioner K. Mohan rao sir, ranger unit leader Lakshmi bai ma'am, and college unit coordinator Y. Vijaya lakshmi ma'am, Chandan Babu sir. "Telangana state forest academy" CAFE CHILDREN AND FOREST EDUCATION

It was started at 9 am. Officer Dr. Dharama chandra kumar explained the benefits of plants 1st students visited herbal garden where they learned about different species

then followed by visit to forest area and reached to peak point from where the entire 1000 acres of forest is visible. Students returned with a great enthusiasm. Followed by the address by director of forest Tirupathiaiah Then followed by students views, thoughts and experience it concluded with the vote of thanks by Chandan babu sir thanking specially our college principal prof. Y. Ashok sir for giving this opportunity to all the rangers and rovers to know more about the environment.

Advanced Biochemical and Molecular Diagnostic Techniques

Bhavans Bytes News Service | 4th Dec, 2019

The Department of Biochemistry Organised a 5-day workshop on Clinical, Cytogenetic, Molecular Diagnostic Methods and Genetic Counselling at Institute of Genetics and Hospital for Genetic Diseases, Osmania University, Begumpet, Hyderabad from 25th of November to 29th November 2019. A total of 30 students from Bhavan's Vivekananda College have participated. All the 30 students were divided into two Batches, A & B, and then were allotted with the classes appropriately.

On the 1st day it was about Clinical Genetics by Dr.T.Sunitha and Dr.G.Shilpa Reddy. On Day 2 it was about Environmental Toxicology by Dr.G.Deepika and Genetic Counselling by Dr.M.Sujatha. On Day 3 it was about Molecular Techniques by Dr.M.L.N.Deepika and Cytogenetics by Ms.A.Srilekha. The Day 4 session was on Clinical Biochemistry. Day 5 was about HPLC technique which is a part of Clinical Biochemistry together.



Megalithic Burial

Kiran Kumar, BA3

The Megalithic burial site is located at Damaravai village, which is 15 kilometres from Tadvai forest resorts. The tombs called Dolmens, a single chamber megalithic, consist of two or more structures supporting a huge horizontal capstone on the hillock.

Deep inside the thick forest near Dameravai village, Megalithic tombs are found which are popularly known as Dolmens. They are believed to be 5,000 years old and provide an evidence of existence of early civilization. The existence of historical tombs poses as an opportunity to learn more about pre-historic existence.

Hundreds of megalithic tombs lie ignored here in Tadvai forest. An enthusiast of history, explored hundreds of megalithic tombs in the deep forest of Tadvai Mandal that provides an opportunity to learn more about the pre-historic man.

"The pre-historic man lived here over 10,000 years ago as there was rich source of water from Godavari valley near by the forest."

There are different types of dol-

mens located here, built on ground and built of circular formation of stones. The megalithic tombs having cists (megalithic coffin made in stone) are of 15 feet size in width where stones with two to three feet thickness at the site. Some time ago, a pre-historic burial site unearthed in Khammam Degree College which had cross symbols carved on it. "The Megalithic burial sites stand as a testimony to survival

of pre-historic man here. But they are seriously undermined both by the officials and the locals. The archaeological department has taken up a study of the megalithic burial site and are being restored. The site has been developed into a tourist spot by Telangana Tourism as it is situated close to Medaram and Bagotha waterfall in Warangal. Since the location is deep inside the forests, they are not easily accessible.



India 2020 vs 2040

K Manish Teja, BA2

By 2020, the median individual in India will be 29 years. This makes India the youngest country in the world. The population in the age-group of 15-34 increased from 353 million in 2001 to 430 million in 2011. Current predictions suggest a steady increase in the youth population to 464 million by 2021.

By 2020, 64% of India's population will be in working age group. The report finds that a person in an urban area has a 93 percent greater chance of

acquiring training than someone in a rural area. We are happy now because India has large number of youth, which will help in the development of the country. Meanwhile we have to start worrying about 2040, What if people don't get employed? What if more people are jobless? What if people choose wrong way to earn money?

India will become the country with more old age people by 2040. The employment opportunities provided by the govern-

ment results in development of the country. The more the people get employed the more India will get developed. The standard of living of people depends upon the employment opportunities. Everything is interlinked, only when people get employed or they have income their standard of living will increase. The rise in standard of living results in rise in GDP which overall results in development of the country.

Being Human

Ishita Lanka, BA1

Positive attitude brings out the best in people. Positivity is something which makes a person strong internally. It not only develops a person's personality but also results in the development of 'optimism' in a person. When person is positive he makes other people positive as well, as he shares a very positive vibe. The 'aura' of being positive is something very different as a positive person will always see the things in a good and better way. A very big example which proves this is; if a glass is half filled with water, a negative person will always say that, 'Oh! The water is only half in the glass' but if the same glass is there with a positive person, he/she will say that, 'Thank God! The glass atleast is half-

full. Thus the thought of an optimistic person will always be contradictory to that of a negative person. Thus, positive people teach us never to lose hope and to never give up.

There is a small story which can help us to understand the importance of positivity better.

Long time back, in a village there was a problem of drought. The villagers were very tensed as their crops were not growing. The farmers were committing suicides so the village Head or the 'Sarpanch' decided to have a small ritual organized for curing the problem of drought. The pooja began. While everyone were praying there came a little girl with an umbrella in her hand. She was standing outside, the villagers were surprised. The Sarpanch out of

curiosity asked her the reason behind her act, as there were no rains and the village was suffering from droughts. The girl with a smile on her face replied that "You people are praying so hard that definitely it would rain in no time. So I am just being prepared". This shocked and overwhelmed the Sarpanch and the villagers. It taught them never to lose hope and give up. Thus, through this we do understand the importance of being positive. As a normal person would only make his life better but a positive person would change the life of many. Optimistic person will become an inspiration to others. Therefore, its completely our decision whether we want to be inspired or become an inspiration.

PARTICIPATION IS MORE IMPORTANT THAN WINNING

Maneesha, BA1

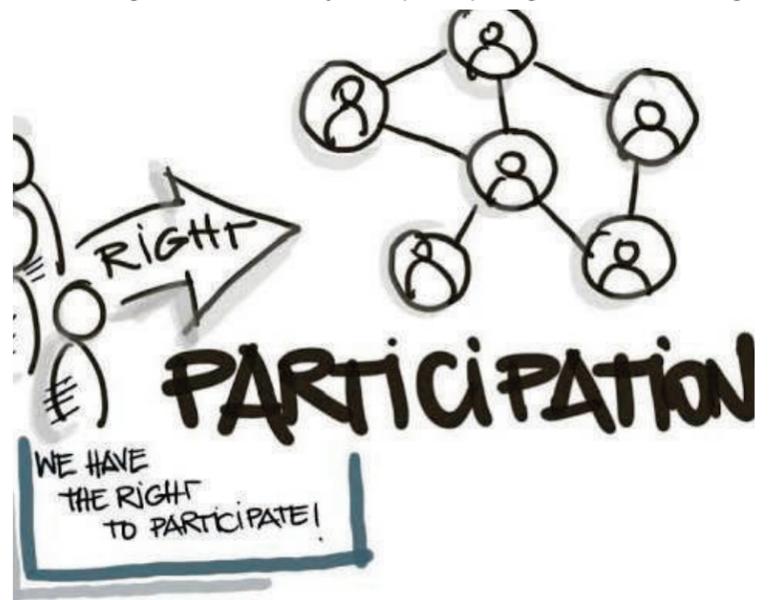
“Winners are not the ones who never fail, But the ones who fall and rise again”.

In any walk of life, what matters is not the final picture but the journey undertaken to get there. In the same way, in any competition, what matters more is not the prize but rather participation. It is not important to win every game in life, but participation is. Every new competition is a new adventure. Participating in these competitions gives one experience over time.

This experience helps one come closer to their goal. Of course, winning is good. It's exciting. But often, the ones who do not win, but participate, learn more than the ones who won or never participated. Participation helps one learn new things. It helps one know more about the game and to study it.

One may not win the first time, but if he/she returns to it the second time, he/she will be playing better with more experience and knowledge.

Often, failure is what motivates one to do better. Success motivates one to repeat it. Success or failure comes only with participation due to fear of failure. But participation will surely give one experience and motivation, no matter the result. It may help reveal how good one can be or it may reveal one's shortcomings which can be worked upon and improved. For example, if "captain cool" MS Dhoni had never participated in a cricket tournament, he would've never known his potential and India probably would not have won the world cup. So friends nothing beats the experience that comes from participating, not even winning.



The Big Bloom Theory

Chandrakala, BA1

"No beauty shines brighter than that of good heart", when I hear such words from others, I really wonder whether they mean it or not. Most of the people in our society think a girl should be thin, fair, attractive etc. I really fail to understand this stupid theory and I don't even want to. Many of my relatives told my mother if I don't reduce my weight, I won't get a handsome and wealthy husband.

In reality they are not concerned about my health but about my marriage and future husband. Initially, I never took those words to my heart, but soon they weighed me down.

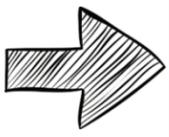
My grandmother incessantly sits beside me while eating and keep reminds me not to eat too much. My friends used to make fun of my appearance

while playing. All this decimated my self-esteem and self-confidence. I thought that I am not a beauty.

As I grew up I understood that nobody is perfect in this world and everybody has their own imperfections. I started loving, admiring my body and accepted it the way it is. This made my life easy.

Soon I realized nobody will appreciate your body, but you have to. I don't have to change my body for some guy or for my relatives but for the better me. I know that I'm not a girl the society expects to be. I promised myself that I won't feel dependant on the criticism I receive from my so called "well wishers". Now I can say "I am sexy and I know it".

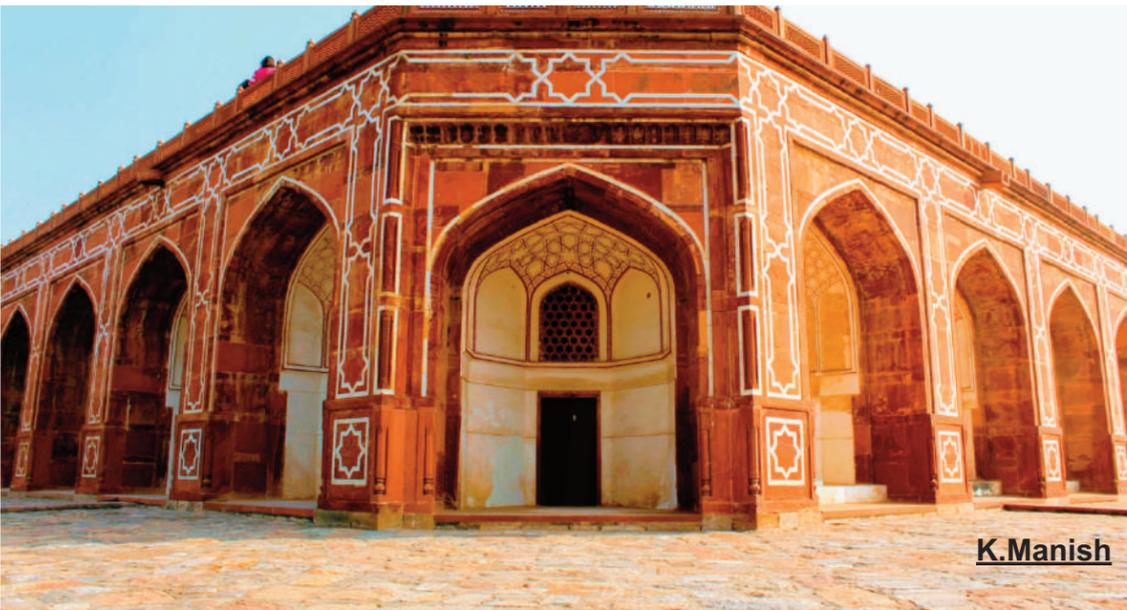




Joycee S.



Kanaka Yeldutti



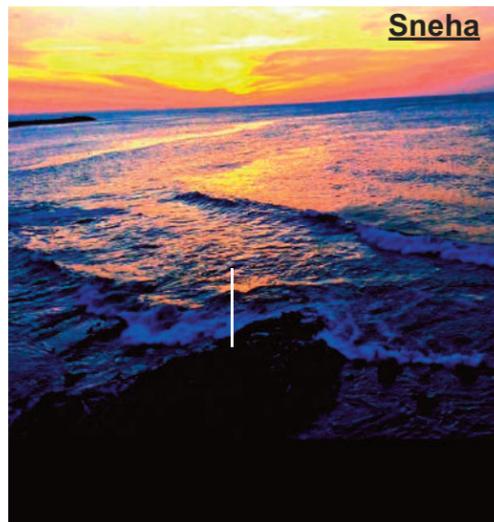
K.Manish



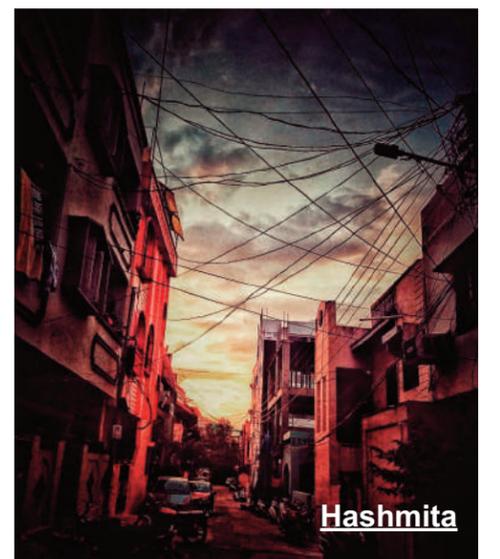
Raghav Kapile



Shanaz Fatima



Sneha



Hashmita



Surya Teja



Fahareen Sultana